



What is Combine360????

It is the global standard measurement for improved sports performances, the S.A.T. of sports, the definition of an athlete.

What does it do for me?

It lets you know where you're at and where you really stand not only with yourself, but with your team, your city, your state, and with the rest of the world. You will be able to compare yourself to other athletes in your sport and see where you measure up considering your sport, position and your age.

How does this benefit the athlete?

Combine 360 was designed with one main purpose—to help all athletes get better! No matter what your level, Under Armour and IMG have dedicated themselves to creating the most complete testing system an athlete could ever need, so that you can walk away with a better understanding of where you are now and what it's going to take to get better. This is not a test without purpose: the mission is to challenge you physically and mentally to take it to the next level each and every day.

C360 benefits the athlete in many ways. First, it will give them an understanding of where they need to improve to get themselves to the next level. It will give scouts, coaches, and colleges an idea of where you stand as an athlete and in your sport. When will this be available and when can I register??

Right now!

You can call James at 219-608-3569 or email him at james@1morerepfitness.net or go online and register at www.1morerepfitness.net

Why should I take the Combine360 Assessment?

- Performance-focused
- Comprehensive
- Measurable
- Identify areas of strength and imbalance
- Goal-Oriented
- Starting line of evaluation
- Continued improvement
- Results-based next steps

Go to Combine360.com for more info

Combine 360 Prices

Combine 360 Testing Prices

Private is 100.00. Groups of 2 or more is \$75.00 a person

Combine 360 Training Prices

1st month is \$300.00 • \$240.00 a month

This price includes the first testing and is to be paid online at

1morefitness.net

Each payment must be received each month on the day you signed the contract.

Terms of Contract

3 month contract • 60 minute sessions • Missed Sessions cannot be made up.

Sessions will be held at the Dunes Volleyball Center in Rolling Prairie, IN on Tuesdays and Thursdays from 3pm till 9pm and will start on January 3rd 2012. This program is for ages 8 and up. Athletes will be trained in groups of 6.

Call James at (219) 608-3569 to reserve your spot today